Lent is a time to recognize the many blessings God has bestowed on us, and to offer these blessings back to Him through prayer, reflection, giving, fasting, serving, and sharing. In making these everyday sacrifices, we are reminded that God is our source and sustainer, and we shift our dependence onto Him alone.

Use this Lenten Challenge card to track your personal commitments throughout Lent. On Palm Sunday, we will bring our cards before the altar and offer our Lenten sacrifices to God at Mass as one parish family.
This Lent, I will:

**Pray**
- Go to ____ of 5 weekly Stations of the Cross services.
- Pray the Rosary ____ times per week.
- Sign up to host the Traveling Parish Crucifix in my home.

**Reflect**
- Participate in the Go Deeper program on Sundays during Lent.
- Attend Weekly Adoration each Monday.
- Participate in Light & Love on the second Friday of each month in Lent.
- Celebrate the sacrament of Reconciliation.
- Travel on our pilgrimage to the National Shrine of Our Lady of Czestochowa.
- Sign up for a Daily Devotional.

**Fast**
- Abstain from eating meat on Fridays in Lent.
- Participate in ____ additional fasting days.
- Attend a Parish Fish Fry on March 8 or April 12.

**Give**
- Set aside $______ each week to contribute to our parish outreach programs.
- Complete a Lenten Gift Folder, available in the back of Church during Lent.

**Serve**
- Do a good deed for a family member, friend, or someone you don't know.
- Participate in a parish service project.
- Invite someone to join you at Mass or a parish event.

**Other**
- My personal Lenten offerings:
  

My Lenten Commitment